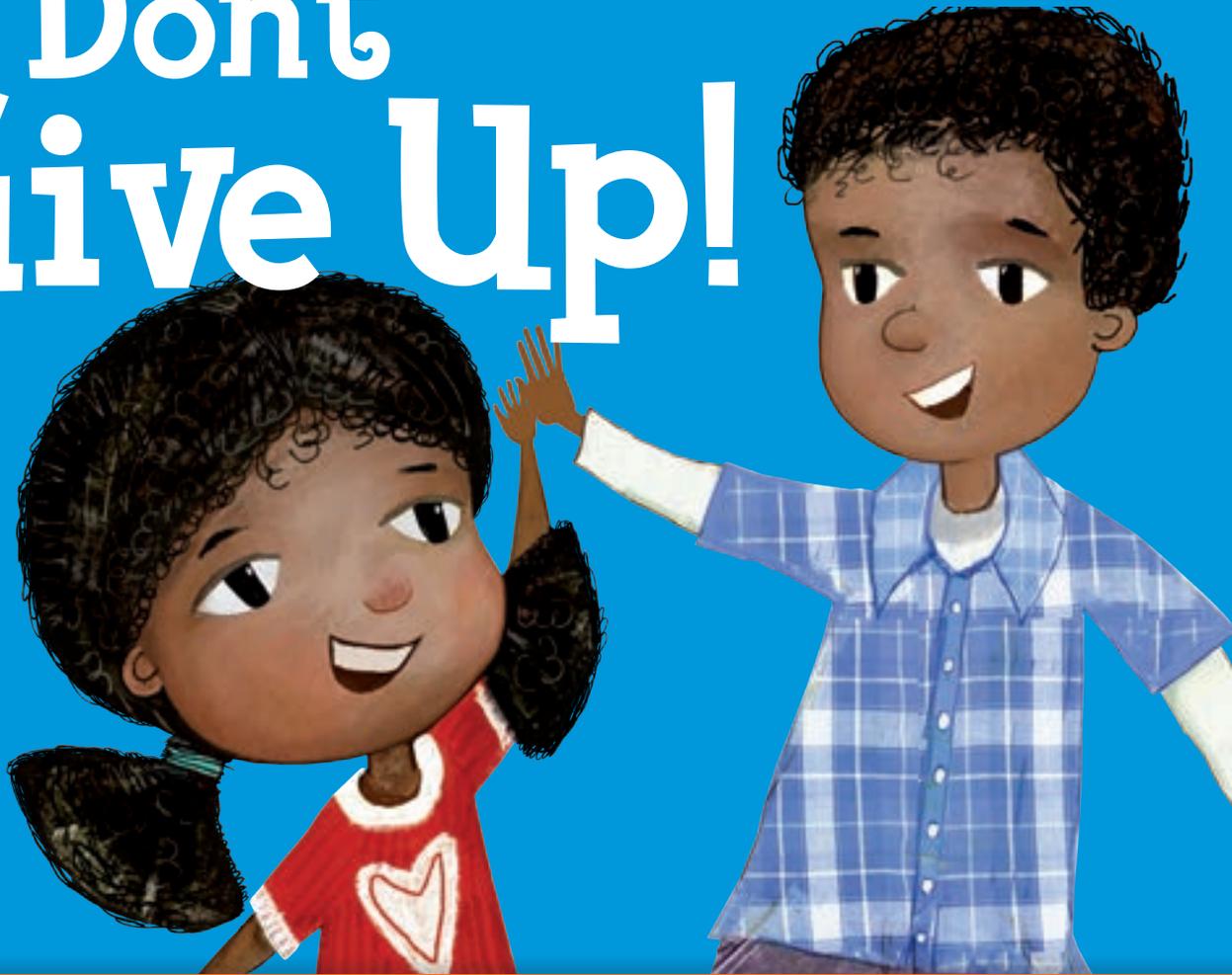
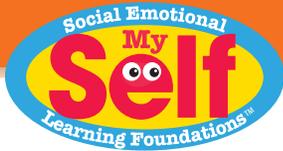


Don't Give Up!



by Julia Giachetti • illustrated by Juan Bautista Juan Oliver



SET THEME: I Believe in Myself

Build Social and Emotional Intelligence

To help foster persistence and perseverance in children:

- Acknowledge feelings of frustration without letting children give up on themselves.
- Offer guidance when children struggle with a task, rather than taking over for them.
- Break a challenge into smaller steps when children get stuck.
- Model how to persist even when a task becomes difficult or frustrating.

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How to Read This Book with Children

1. Read aloud the title. Discuss what it means to be persistent. Explain that *persistence* means “not giving up even if doing something is hard or doesn’t work at first.”
2. Read aloud the book with children.
3. Talk about the characters’ actions as you read.
4. Ask children to tell how Lisa changes over the course of the story.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



Lisa

“Let’s start by blowing bubbles,” Mrs. Smith said. “Put your faces in the water.”



“The water is too cold,” I said.
“And it smells weird.”



“Watch me do it,” said Mrs. Smith.

“Then you try, Lisa.”



When I tried, water went up my nose.
“Help!” I yelled.





When we got home, I said,
“I’m done with swimming!”

“The first lesson is always hard,” said Mom.



“You have to learn,” said my brother Steven.
“Or you will miss out on the fun this summer!”

Real-World Wrap-Up

My Thoughts:

What is this boy doing? Do you think he is going to give up?



My Feelings:

When have you tried something that was difficult?

What did you do to stop from giving up?



Don't Give Up!

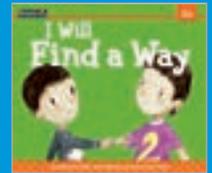
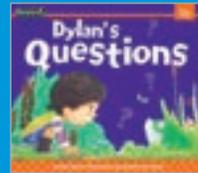
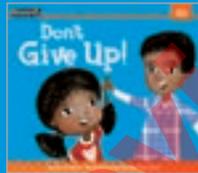
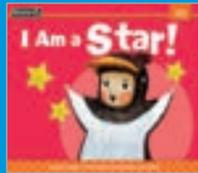
Lisa is learning how to swim, and it's not easy. She thinks about giving up, but she doesn't want to miss out on any fun. Can she stick with swimming lessons?



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

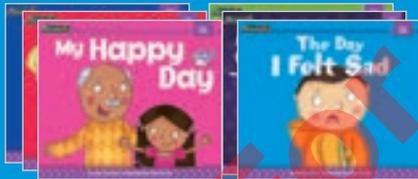
I Believe in Myself

The books in this set help children recognize and build positive performance character traits.



Look for the other sets in this series.

I Have Feelings



I Get Along with Others



I Am in Control of Myself



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ISBN 978-1-4788-0480-2



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