



SET THEME:

I Can Manage Myself and Set Goals

Build Social and Emotional Intelligence

Use the following tips to help children learn what it means to help others.

- Discuss what it means to be helpful.
- Model and role-play appropriate ways to help others.
- Praise children's efforts to discuss problems and be helpful.

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Printed in Guangzhou, China. XXXXXXXXXXXX

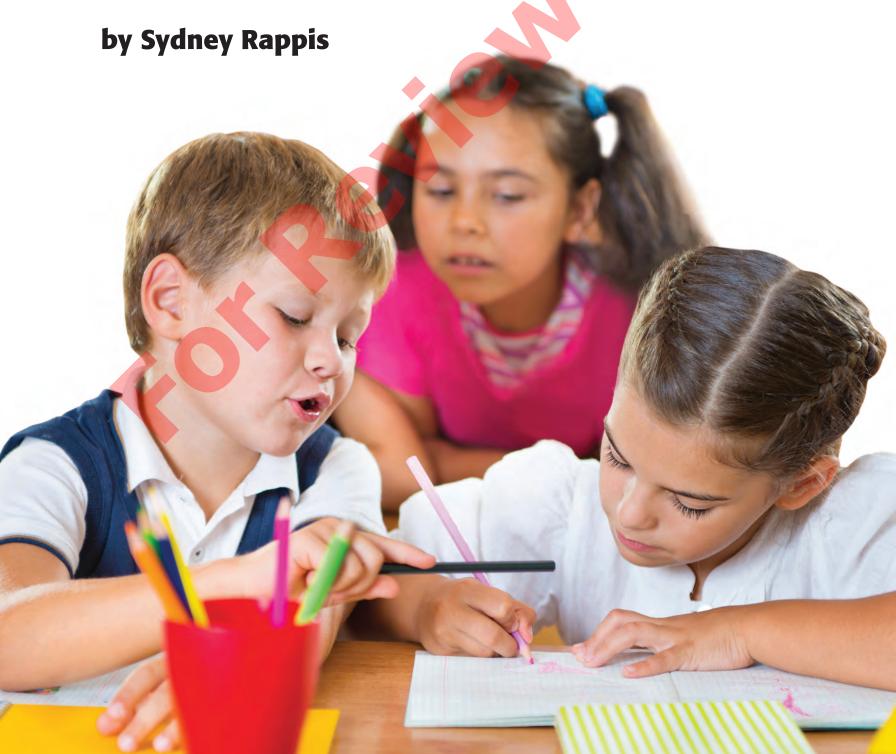
ISBN: 978-1-4788-7761-5 A

How to Read This Book with Children

- Read aloud the title. Identify what it means to "help."
- 2 Read aloud the book with children.
- Talk about ways children can help the people around them.
- 4 Ask children to describe how they feel after helping someone.
- After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6 Guide children to identify times when they helped someone in need.











There are many ways to help others. At school, I like to hold the door open for other classmates and teachers.



It is an easy thing to do. It makes me feel helpful. And it is a great way to start the day.



During class, we did an art project. Then we had to clean up.



I helped recycle the paper scraps. Someone else put away the paint. We cleaned up fast. I like working with my classmates.

