

I Have Boundaries

by Sarah Stephen • illustrated by Pauline Gregory





SET THEME:

I Treat Others Well

Build Social and Emotional Intelligence

To help children practice healthy boundaries:

- Discuss different boundaries children have at home and school.
- Remind them that both children and adults need to respect each other's boundaries.
- Ask them to reflect on past experiences where they communicated healthy boundaries.
- Help them understand that healthy boundaries help create safe and happy environments for everyone.

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How to Read This Book with Children

- 1** Read the title aloud. Define the word "boundary."
- 2** Read aloud the book with children.
- 3** Talk about different ways children can practice healthy boundaries as you read.
- 4** Ask children to describe how they feel when others respect their boundaries.
- 5** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6** Guide children to connect the story to their own experiences.

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I'm so excited about my new art class!
I'm going to learn how to paint my dad's
favorite animal.



I'm a little nervous, though. I really don't like trying new things. Then I remember that Tulip and Guppy are in the class. I feel a little better.



“There you are Tootie!” Tulip calls.

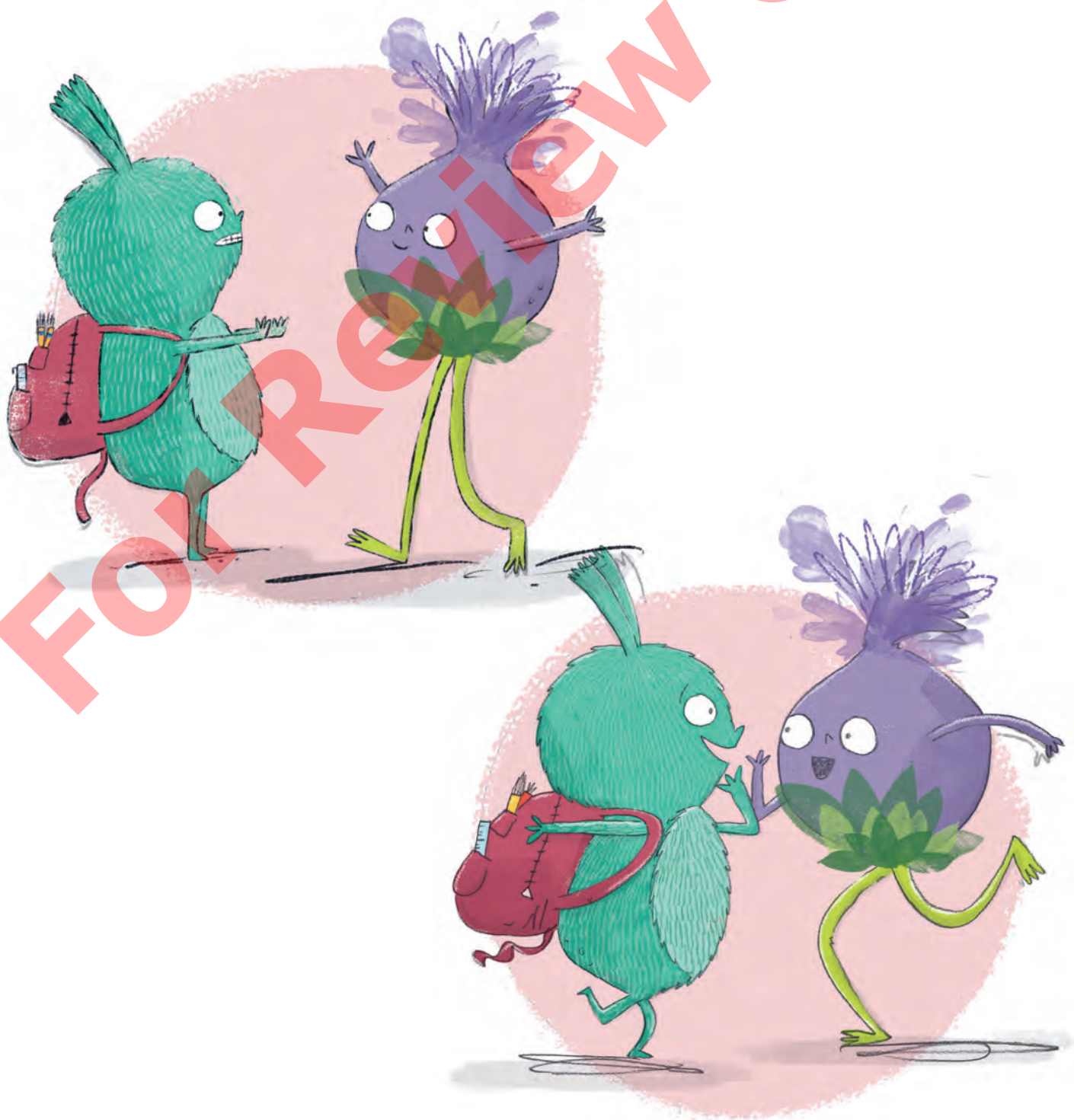
Uh oh, Tulip wants a hug. I don't like it when others touch me without asking.



“Sorry, Tulip, I’m not feeling up for a hug today.”

“That’s okay, Tootie. How about our special handshake?”

“Sure! I love our special handshake!”
I reply.



My painting is almost done! It's just missing one thing. . . . I know! Some bright orange butterflies.



I don't have any orange paint. But I see some with Tulip's stuff. It's the perfect shade! Should I take some?

