

Adults Who Help

by Marzieh A. Ali

illustrated by Pauline Gregory





SET THEME:

I Build Positive Relationships

Build Social and Emotional Intelligence

Use the following tips to help children learn how to seek or offer help to adults and develop positive relationships with authority figures.

- Discuss situations and settings in which children seek help from adults.
- Praise children for seeking help.
- Model and role-play appropriate ways to talk to adults, seek help from them when needed and offer them help in return.
- Praise children's efforts to offer help to adults who help them solve problems and complete tasks.

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How to Read This Book with Children

- 1** Read aloud the title. Ask children to identify adults who are helpful.
- 2** Read aloud the book with children.
- 3** Ask children to describe how Pickle seeks and offers help to the adults around him.
- 4** Talk about ways children can seek and offer help to adults around them.
- 5** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6** Guide children to connect the story to their own experiences.

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Mom is making my favorite breakfast.

You make the best
pancakes, Mom.

I'm glad you like
them, Pickle!

**CHOMP. CHOMP.
YUM. YUM.**



Mom helps me in so many ways.

I want to help her, too.

Would you like
extra syrup?

**DRIZZLE.
DRIZZLE.
POUR.**

Yes, please!



At school my teacher gives us golden stars when we do our work.

I do my work. I get a golden star.



I give my teacher a star, too!

Thank you,
Pickle!

You are the best!



The school librarian helps me
choose books.

I love these!

I'm glad you enjoy
reading, Pickle.



I offer to help her put the books
back on the shelf.

Does this book
go here?

STEP.

STEP.

STACK.

Yes! You're a
good helper.

