#### FIRST ROUTINES

# EATING HEALTHY FOODS



#### FIRST ROUTINES

## EATING HEALTHY FOODS

by Jenna Lee Gleisner

### TABLE OF CONTENTS

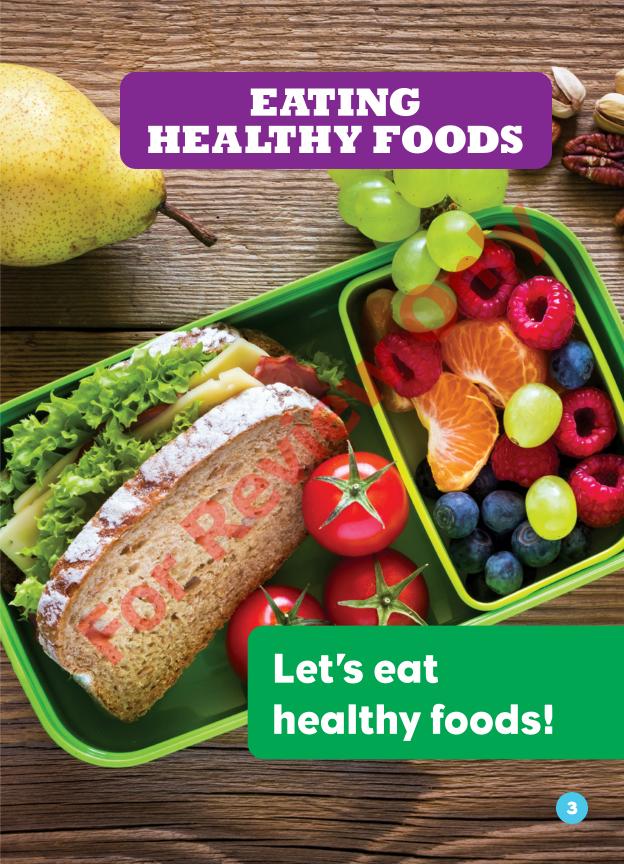
Words to Know			• •	•	• •	•	•	•	•	•	•	• •	2
Eating Healthy Foods.	• •	• •	• •	•	•	•	•	•	•	•	•	• •	3
Let's Review!	• •	• •	• •	•	•	•	•	•	•	•	•	•	. 16
Index	• •												. 16





### **WORDS TO KNOW**







l eat apples.



