Winter Sports

Jill McDougall



PM

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Winter Sports

Level 21

Running Words 598 **Text Type** Information Report (Informative)

Curriculum Area Health and Physical Education

Retelling to encourage critical thinking about the content

Ask each student to retell the information report in his or her own words.

Record the retelling for further discussion and reflection.

Think and Talk About ...

Fact boxes in the book encourage each student to explore the statements further and to share the information with others.

Questions to reinforce meaning and stimulate discussion

Literal

1 Which winter sports are played in teams?
2 What do skiers use to keep their balance?
3 Why can winter sports be dangerous?

Inferential

4 Why do people use poles to keep their balance while skiing?
5 Why does it take a lot of practice to jump and spin in the air when ice skating?
6 Why is a channel made in the snow called a half-pipe?
7 Why are the twists and turns made by snowboarders amazing?
8 Why do people who play sled hockey become very fit?

Applied Knowledge

9 How do the blades on a skater's boots melt the ice?
10 Why do people need to keep warm and dry when playing winter sports?

Links with other PM Guided Reading Books and Cards

Level 21	Card	Narrative	*Ice-Hockey Hero*
Level 21	Book	Information Report	*Large Trucks*
Level 22	Book	Information Report	*Working Dogs*

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What Are Winter Sports?

Sports that are played on ice or snow are often called winter sports.

In cold parts of the world, children and their families enjoy many kinds of winter sports.





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Some of these are skiing, ice skating, sledding, snow tubing and snowboarding.

Some winter sports are played in teams. Ice hockey and sled hockey are team sports that are played on ice.

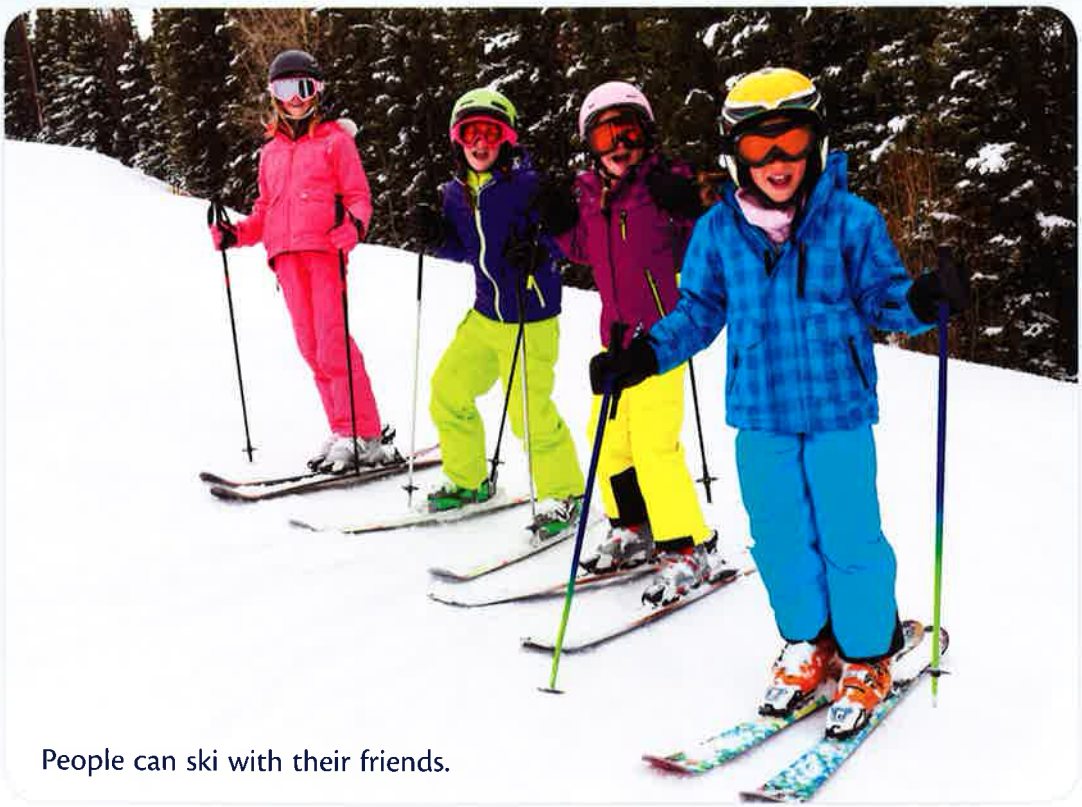


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Skiing

Children learn to ski
in places that have ice and snow.

A skier wears a pair of skis that are put onto their boots.
Skis are long, flat **runners**
made of metal, plastic or wood.



People can ski with their friends.

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Skiers are able to glide across snow or race downhill on skis.

Some skiers carry two light poles that they use to keep their **balance** and make turns.



Think and Talk About ...

Long ago, people used skis when walking from place to place in snow. Now, skis are mainly used in sport.

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Ice Skating

Lots of children enjoy ice skating.
People skate at **ice rinks** or on frozen lakes.

Ice skaters wear ice skates.
These are boots or shoes
that have metal blades on the soles.



Ice skaters can move quickly across the ice.

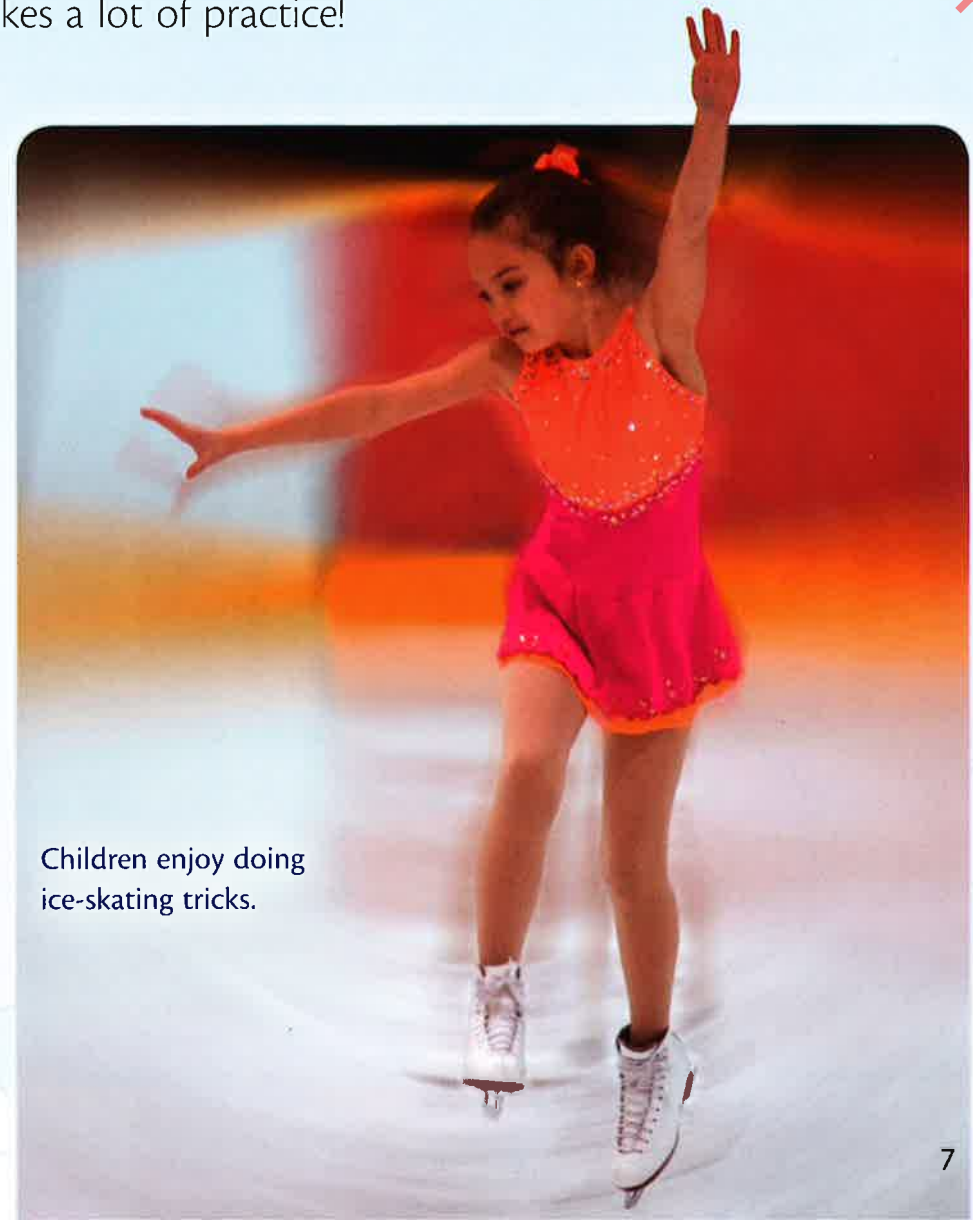
Think and Talk About ...

A long time ago, ice skaters wore boots with wooden blades.

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The blades melt the ice as they move along.
This gives the skater a smooth ride.

Some skaters can jump and spin through the air.
This takes a lot of practice!



Children enjoy doing ice-skating tricks.