

Springboard into Comprehension

Identifying Detail Health Workers Help

Main Idea Playing by the Rules

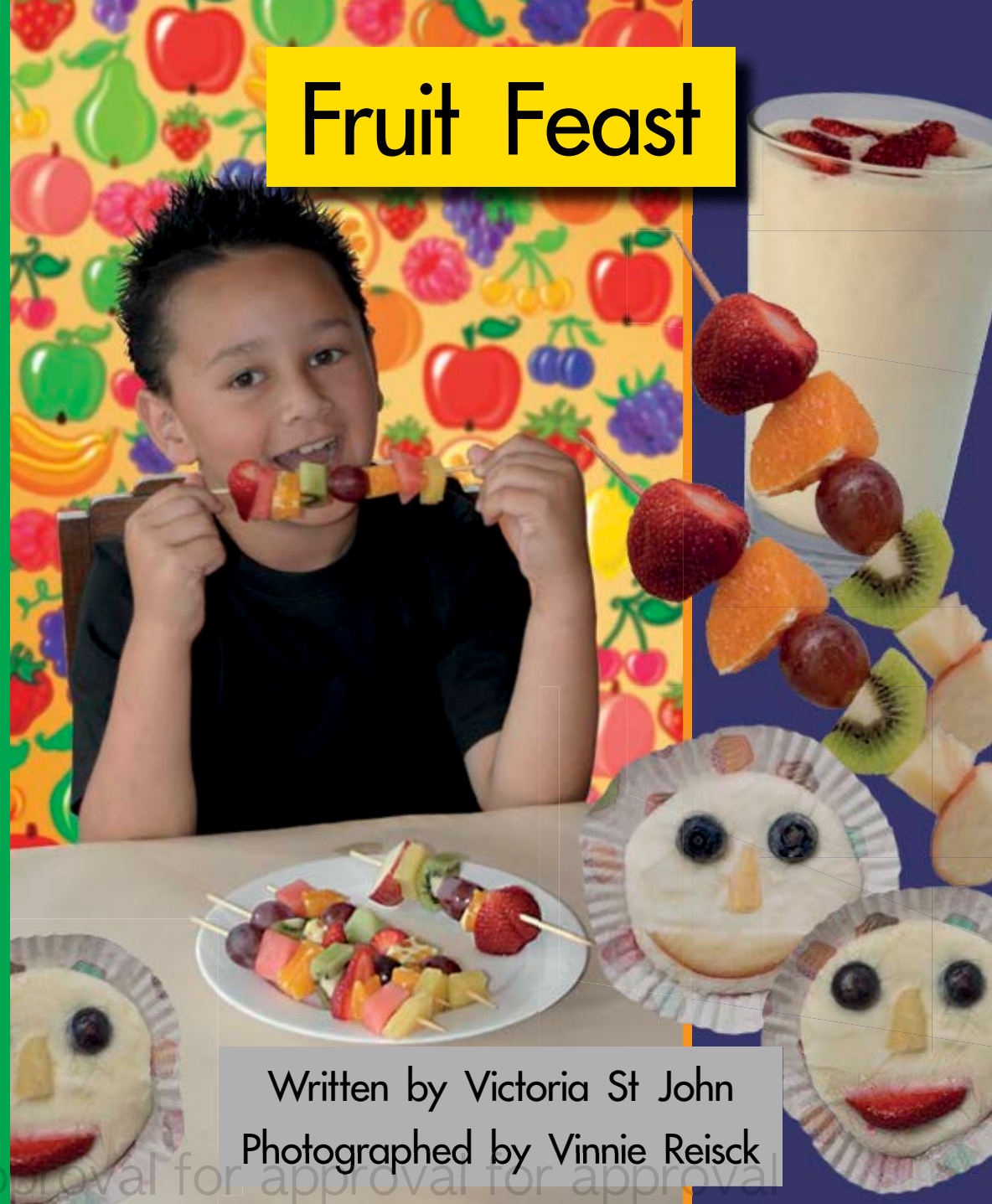
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Sequencing **Fruit Feast**

Compare and Contrast Grandparents' Day



Fruit Feast



Written by Victoria St John
Photographed by Vinnie Reisch

Fruit Feast

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You can make a fruit feast!
First, make a yummy drink.

Banana Smoothie

You will use –
2 bananas
(or another kind of fruit that you like)
1 cup of yoghurt
1 cup of milk



1. First, peel the bananas.
Ask an adult to help you do
the peeling.



2. Next, get a blender.
Put in the bananas first.
Then, pour in the milk and yoghurt.

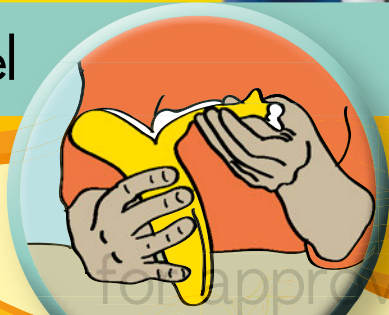


3. Blend the mixture well.
Pour the smoothie out.
You can add extra fruit to the glasses.



Next, make some yummy cookies.

peel



pour



blend

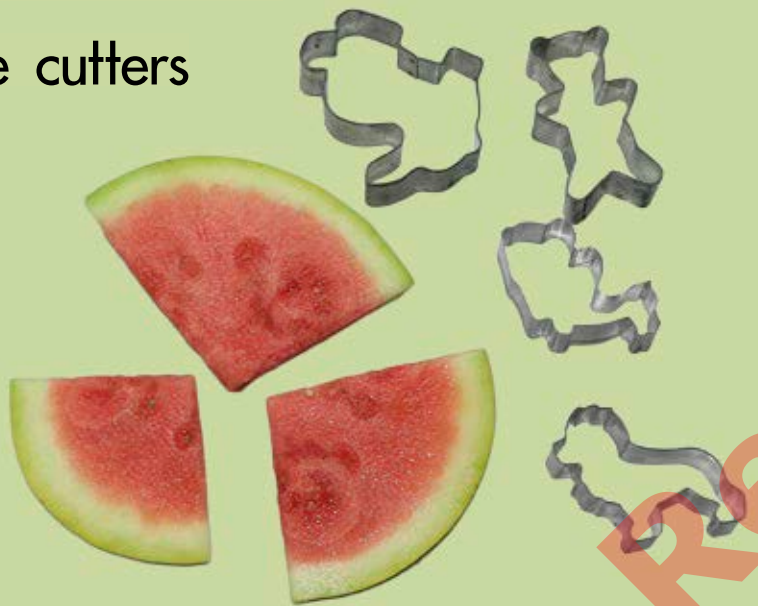


enjoy



Watermelon Cookies

You will use –
Sliced watermelon
Cookie cutters



1. First, scoop the seeds out.
Use a spoon.
Ask an adult to help you.

2. Next, press down carefully
with a cookie cutter.

