

Springboard into Comprehension

18

Identifying Detail Giant Squid

Main Idea The Honey Bird and the Badger

Sequencing Sushi

Compare and Contrast Crocodiles and Alligators

Fact and Opinion My Mum's Passport

Cause and Effect Elephants Walk for Water



Sushi



Written by Victoria St John

Sushi

Contents

Introduction	2
Sushi in the Past	4
Sushi Today	12
You Can Make Sushi	16
Adding Flavour	21
Glossary	23
Index	24

Written by Victoria St John

Introduction

Have you eaten sushi?
Sushi is a tasty snack.
People make it with rice
that has a sour liquid
called **vinegar** mixed into it.

Sushi can have vegetables,
fish, or meat in it.
Sushi can have plants that grow in the sea,
called **seaweed**, around it, too.
Sushi is a healthy and delicious food.
People have eaten sushi for a long time.

Many people use chopsticks
to eat sushi.



Sushi in the Past

About 2,000 years ago, sushi first started.

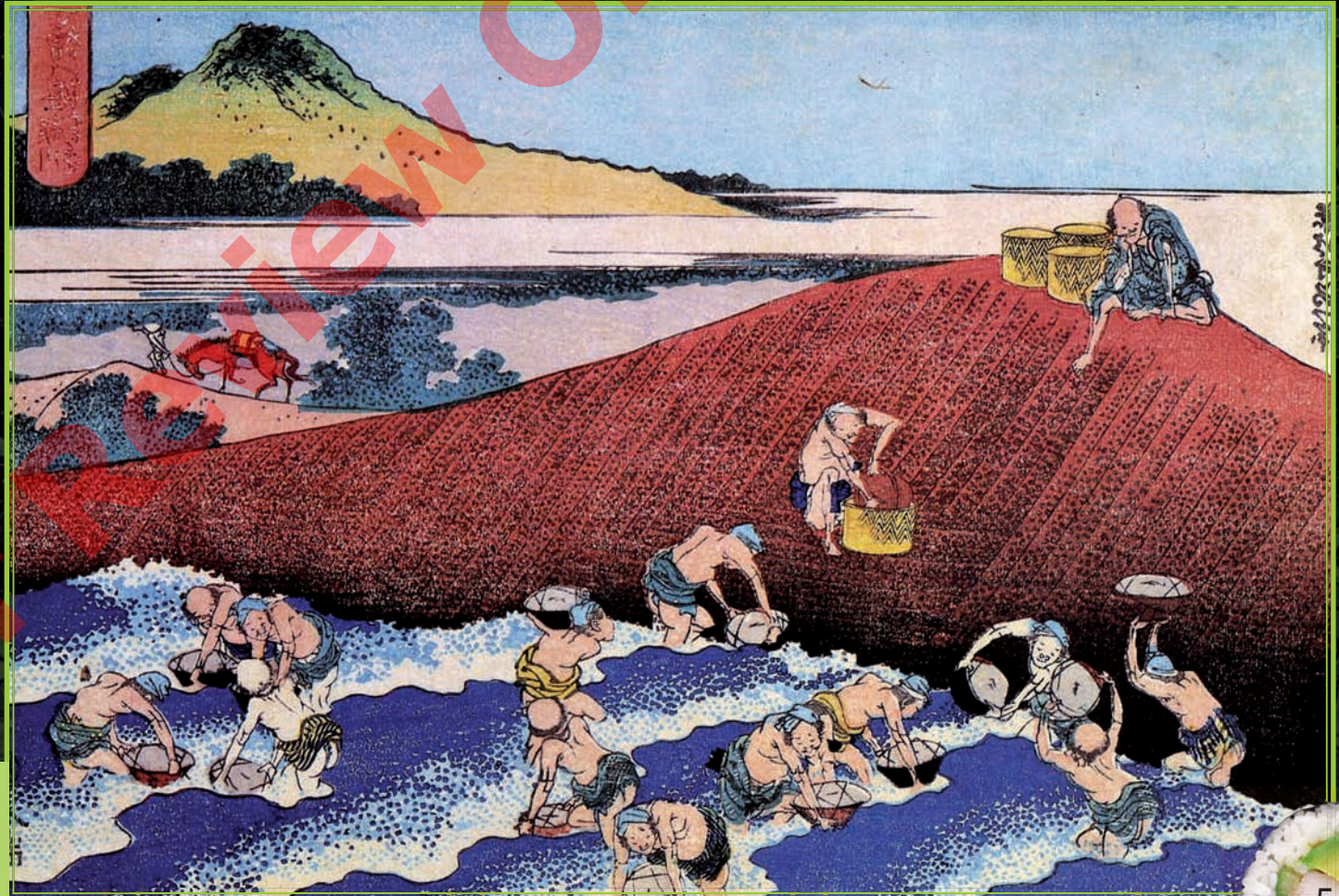
People wanted a way to keep fish for longer.

People in and around China started wrapping rice around salted fish.

The rice and the salt kept the fish fresh.

People could eat the fish long after they caught it.

Preserving fish in this way took months, and people had to throw away the rice after they had used it.



People used salt to keep fish fresh.

Next, about 1,300 years ago, this way of keeping fish fresh spread to Japan.

At this time, people in Japan stopped throwing away the rice. They did not store the fish for too long. This way, people could still eat the rice.

People have farmed rice in Japan for a long time.

