

Springboard^{into} Comprehension

Identifying Detail The Prince and the Lion

Main Idea Storm Chaser

Sequencing The Long Life of Plastic

Compare and Contrast Dinosaurs – Big Brains, Little Brains

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Fact and Opinion Hot Potatoes

Cause and Effect The Rooftop Gardener



MACMILLAN

Hot Potatoes



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for approval for approval for approval for approval for approval

Hot Potatoes

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Introduction

Do you like potatoes? Potatoes are a popular food. People all over the world think potatoes taste good.

There are many kinds of potatoes. They are different in colour, size, and shape. Some are a reddish colour. There are even some purple-coloured ones.

There are over 5,000 kinds of potatoes. They have names such as Ruby Crescent, Red Pontiac, Banana, Peruvian Purple, and Yukon Gold.

Healthy Potatoes

Research shows that potatoes are very good for people's health. They give people a lot of energy. They have many nutrients that help people stay healthy.

There are different ways to cook potatoes. Some people like to boil or fry them. Others think baked potatoes taste best. People should leave the skin on when cooking potatoes. Most of the goodness is just under the skin.



These healthy school lunches include potatoes with their skins on.



The Potato Plant

Potatoes are part of the potato plant. The leaves, flowers, and most of the stem grow above the soil. People do not eat these parts.

Some people believe potatoes are ugly. However, some think the colours of potato flowers are pretty. They are often purple or white.

Potato flowers produce seeds but people do not usually use them to grow new plants.