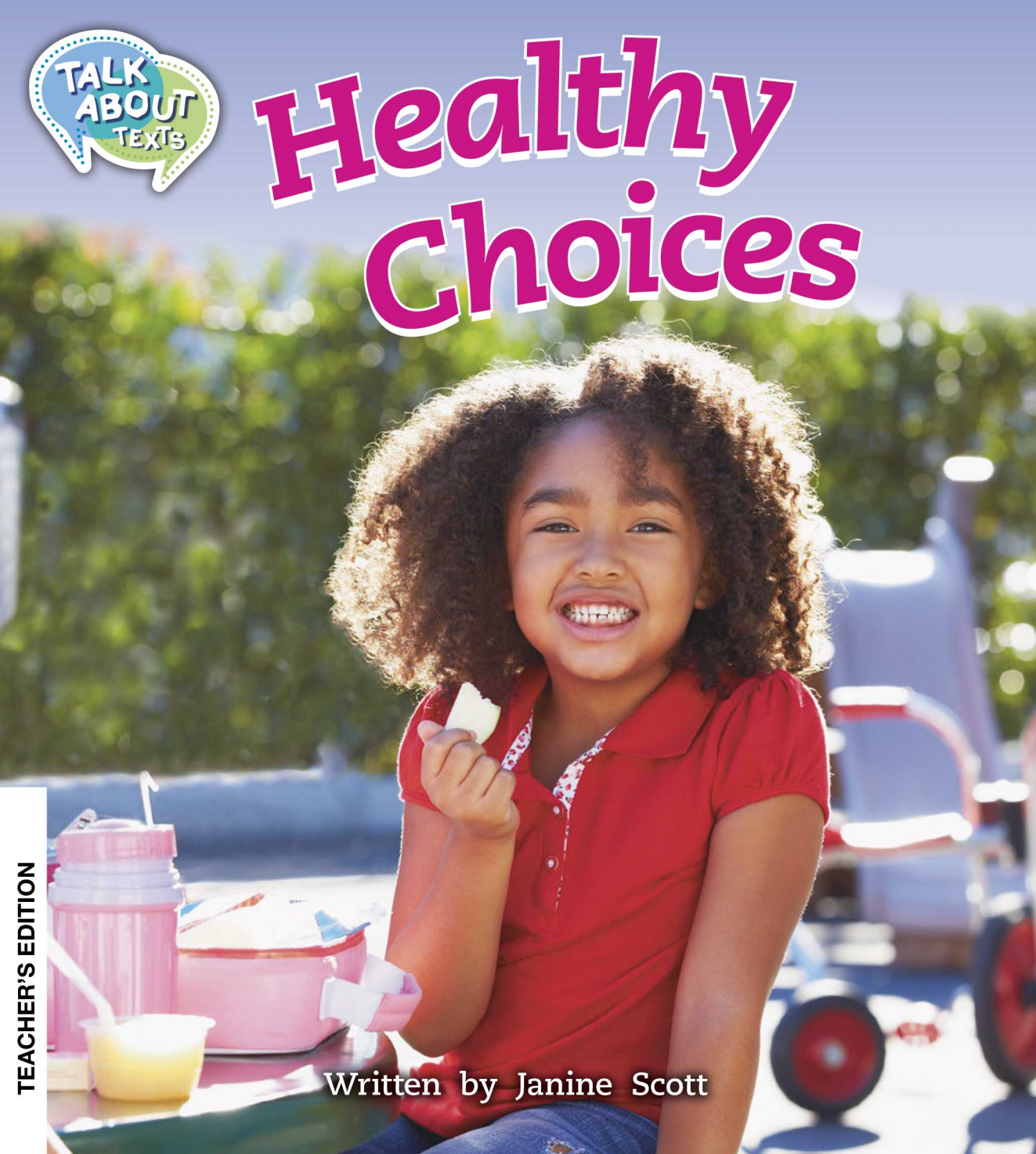

TALK ABOUT TEXTS
Healthy Choices
Written by Janine Scott
TEACHER'S EDITION

Healthy Choices



Written by Janine Scott

Teacher's Edition written by Lee Denton

For Review Only

macmillan education

Say

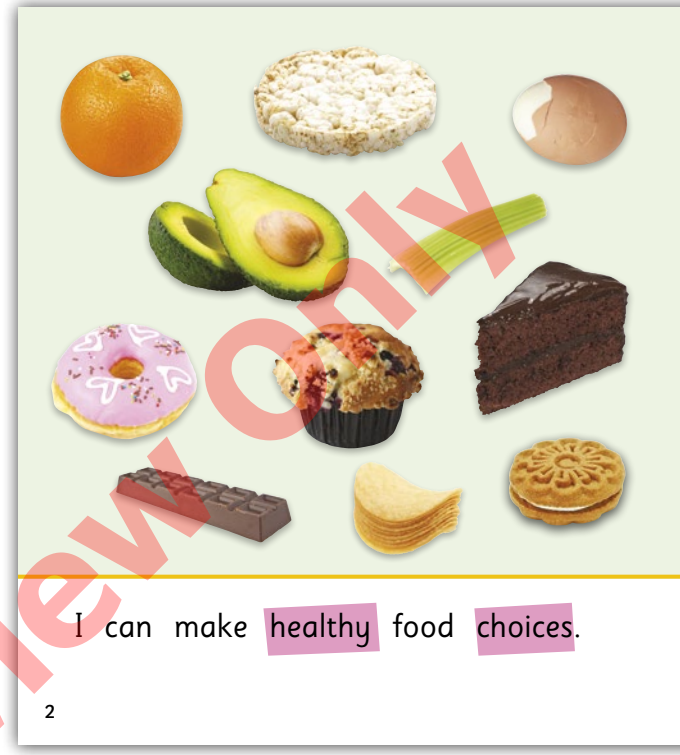
'Let's read page 2 together, then read page 3 silently.'

Read

Read page 2 with the students and then allow time for them to read page 3 by themselves.

Check Understanding

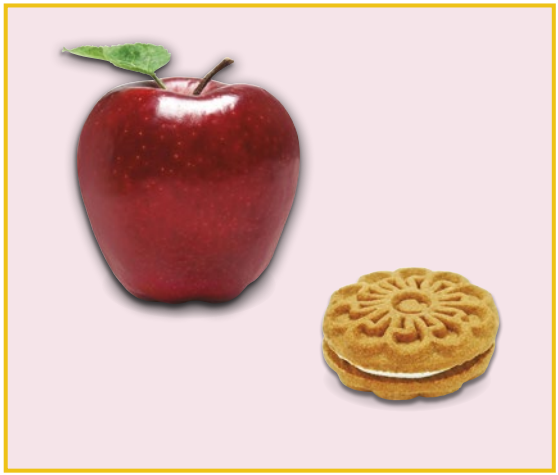
- What type of food choices can the narrator make?
- What question is asked on page 3?
- What is another word for 'choices'?
- What does 'healthy' mean?



I can make healthy food choices.

2

For Review Only



Is an apple or a biscuit a better choice?

3

Talk

What do you think it means to make a healthy food choice?

I **think** making a healthy food choice means _____.

Where else have you learned about healthy food choices? What did you learn?

I **already** learnt about healthy food choices _____.

I learnt _____.

For Review Only

Say

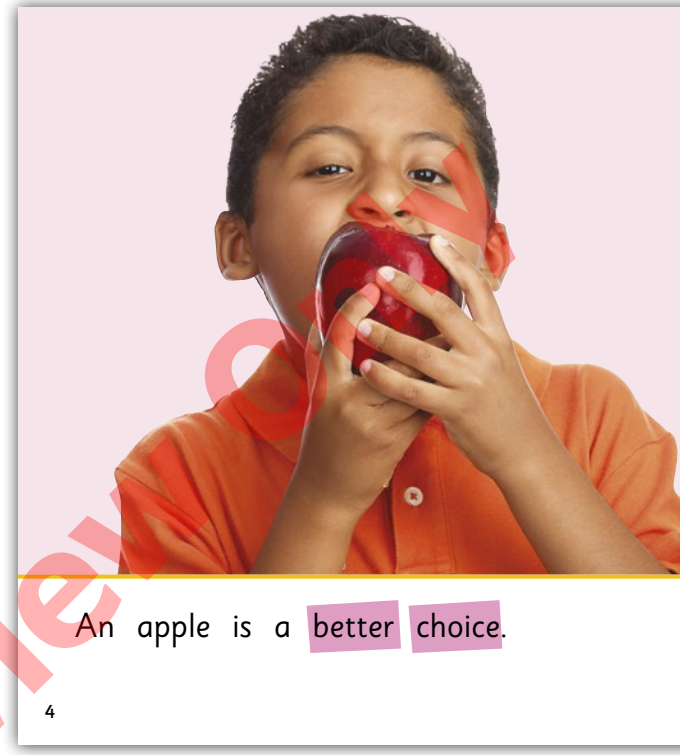
'Read page 4 to your partner. When you have read it, ask your partner to read page 5 to you.'

Read

Ask pairs of students to take turns to read pages 4–5 to each other.

Check Understanding

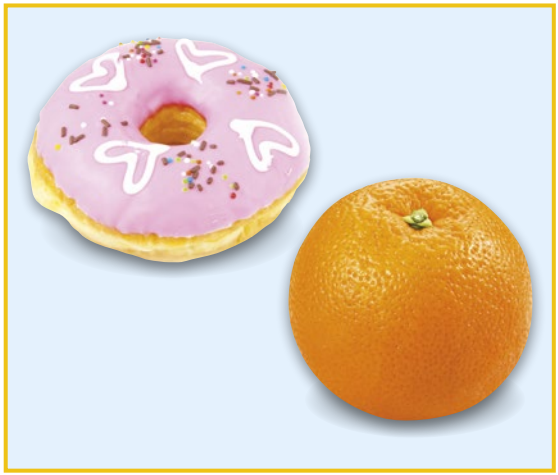
- What is a better choice?
- What are the two choices on page 5?
- What is the opposite of the word 'better'?



An apple is a better choice.

4

For Review Only



Is a doughnut or an orange a better choice?

5

Talk

Why do you think the biscuit was not a healthy choice?

One **reason** the biscuit was not a healthy choice is _____.

Think about what you know about oranges and doughnuts. What do you think will be a better choice?

I **know** _____, so I **think** the _____ will be a better choice.

For Review Only