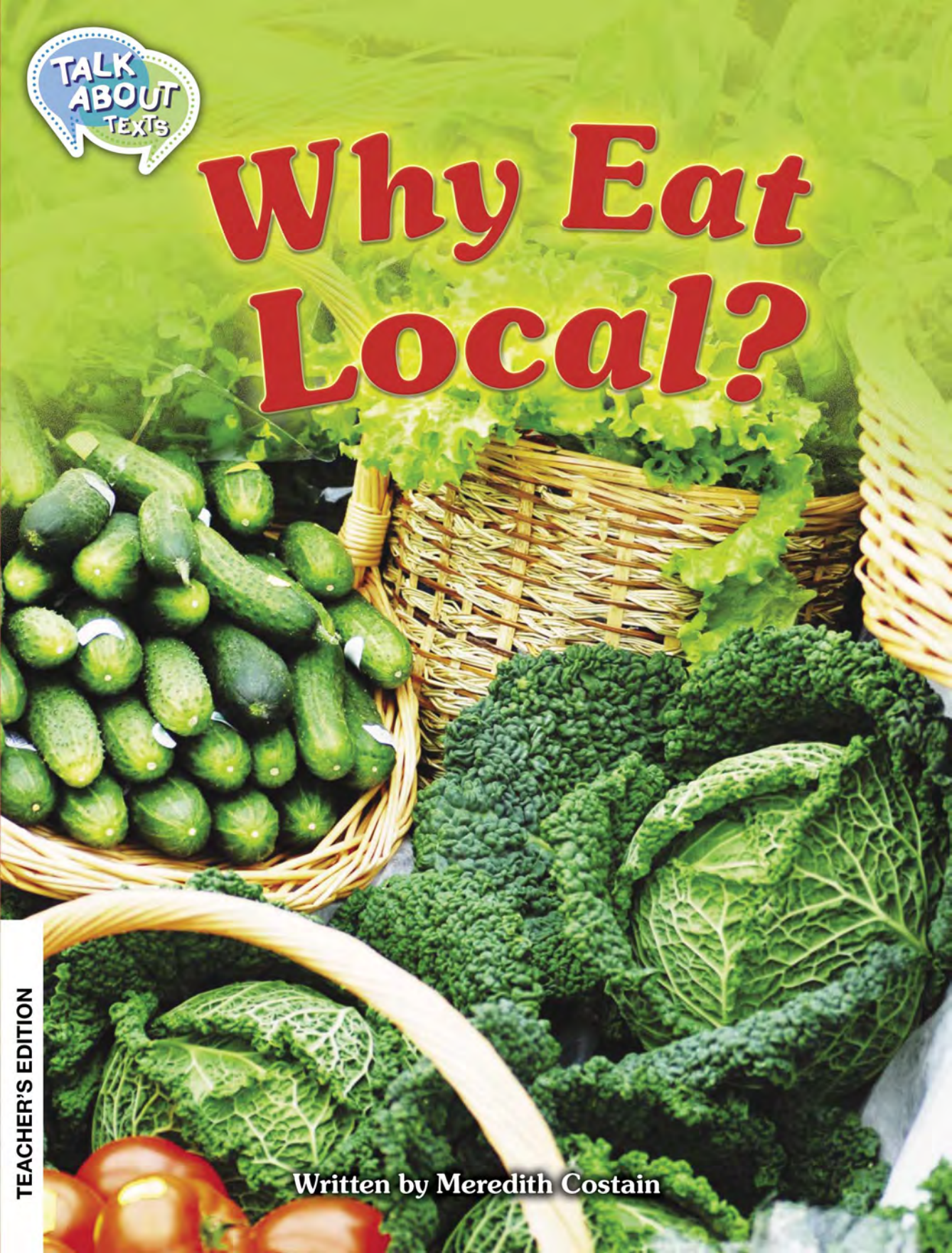

TALK ABOUT TEXTS
Why Eat Local?
Written by Meredith Costain
TEACHER'S EDITION

Why Eat Local?



For Review Only

Written by Meredith Costain

Teacher's Edition written by Liz Miles

macmillan education

Say

'Let's read the contents page together.'

Read

Read the contents page together with the students.

Check Understanding

- If we wanted to find out about communities, which page would we turn to?
- On what page can we find the index?

Talk

Do you think the author has included facts in this book?

I think the **author** _____ because _____.

Which topic would you most like to read about?

I would like to read about the **topic** of _____.

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Why Eat Local?

We should all eat local food when we can. Local food is food that is made or grown close to where we live.

Local food is good for us. It is fresher than food that has been transported from far away. Local food is better for the environment, too. It can also be much cheaper than food grown in other parts of the world.

Tasty local food can be bought from markets.



Say

'Let's read page 3 together and then read it again to yourself.'

Read

Read page 3 together with the students and then allow time for them to read it again to themselves.

Check Understanding

- What is local food?
- In what ways does the author think local food is good for us?
- Where could you go to buy local food?
- What does the author mean by 'transported'?

Talk

What is your thinking about local food? Do you agree with the author?

My thinking is _____.
I agree/disagree with the **author** because _____.

Do you think the author always buys local food?

I think the **author** _____ because _____.

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Say

'Let's read pages 4 and 5 together. After reading, study the map and photograph with your partner.'

Read

Read pages 4–5 together with the students. Allow time for students to look at and read the map, and then the photograph.

Check Understanding

- What does the map show?
- On page 5, the text mentions two ways in which local foods are usually better than foods from far away – what are they?
- Where can people in towns and cities find local foods?
- What does 'variety' mean? Can you use it in a sentence of your own?
- What does 'processed' mean?

Why Fresh Food?

Most people shop at supermarkets because there is a lot of variety. Foods from all over the world are available at large supermarkets. However, food from far away is not always as fresh as local food. It can be weeks or even months older than local food.

Foods Grown Around the World



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Some farmers sell their food straight to the public.

Local food includes fresh fruit, vegetables, meat and some processed foods. Locally processed foods, such as tea, rice and coffee, may use things that have been grown far away. However, they are processed locally. Local foods are usually better in quality and taste than foods from far away.

Locally grown food is fresh. In cities and towns, you can look for local food at both farmers' markets and in grocery stores. In rural areas, you can often find fresh food at stalls on farms.

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Talk

Did reading this page change your thinking about fresh food? Why?

This page did/didn't **change my thinking** because _____.

What new information did you learn from the map?

I learnt **new information** about _____.

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