The Best You

TIME FOR KIDS

MAKING THINGS Right



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Choices

What clothes will I wear? What will I eat? Where will I go? What will I do?

Each day, we have many **choices** to make. Some choices are easy, such as deciding what to wear. Other choices are much harder. Those choices show what kind of people we want to be, especially in our relationships with others.

Relationships

A relationship is the way that two or more people or things get along. Family members have important relationships. Friends have important relationships, too.



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We can choose to get along with other people. To do that, we must treat them with kindness. We use friendly words and actions. We should treat ourselves this way, too!

The important thing to remember is that how we act is *always* a choice. Each of us is in **control** of what we think, say, and do.



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Relationships are not just between people.

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But no one is perfect. We do not always make the right choices. This is especially true when we feel hurt, angry, or sad. It may seem hard to act with kindness then. We may even forget we have choices. We may just act before thinking.





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