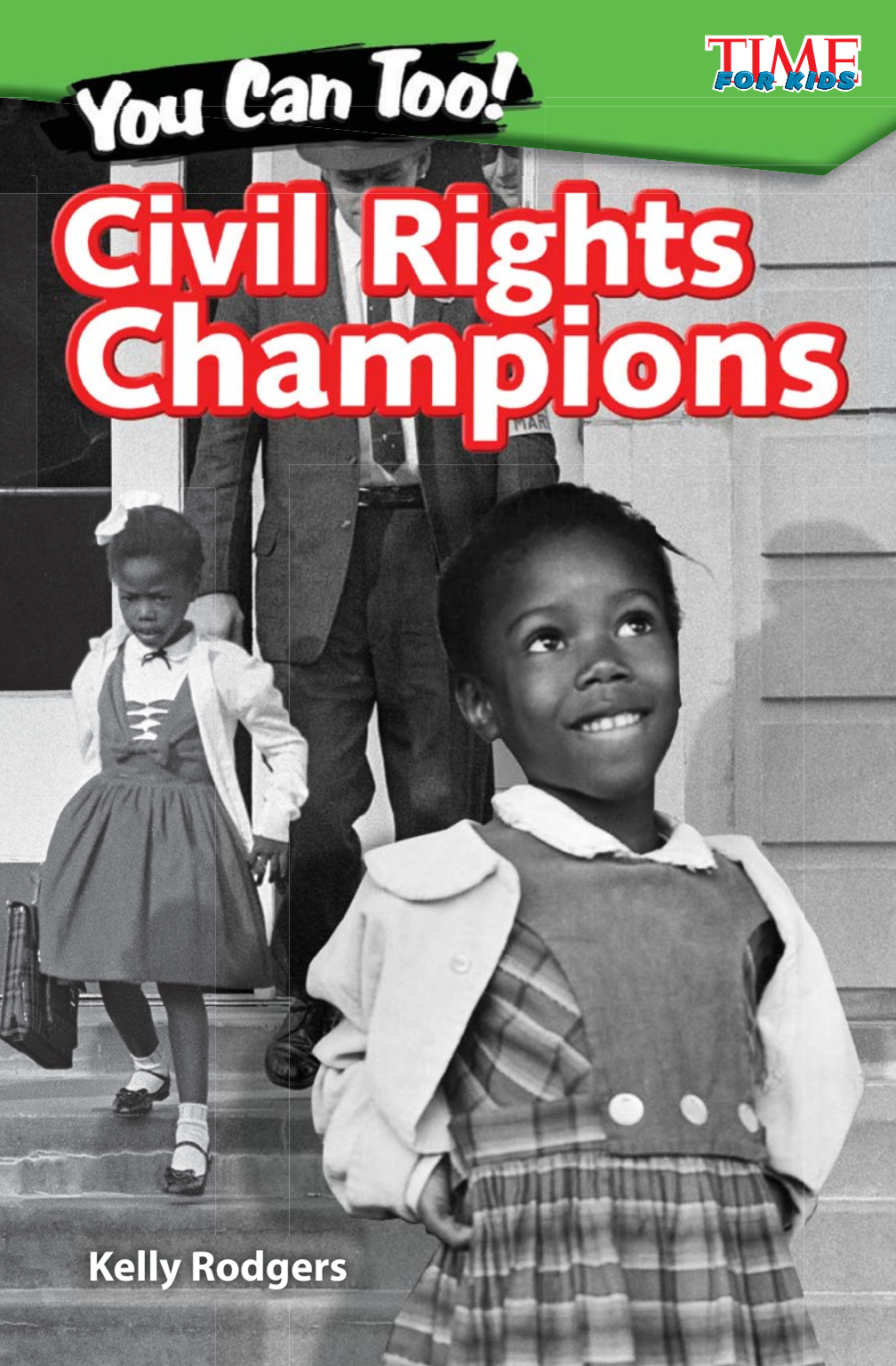
You Can Too!

TIME FOR KIDS

Civil Rights Champions



Kelly Rodgers

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Fair and Just

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Do you think about *fairness*? Do you know what *justice* means? These two words are very important.

Fairness means treating people with respect. It means making sure everyone has the same chance. It means no one is treated badly.

Justice is about being fair. It means everyone is treated in the same way. People use rules and laws to be just.

Fairness and justice matter. They give everyone the same chance to succeed. But gaining **civil rights** is hard work.

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Martin Luther King Jr. fought for civil rights.

Be a Civil Rights Champ!

You can make a difference. Treat all people the same. Make sure to include everyone. Respect others' ideas. And always play by the rules.

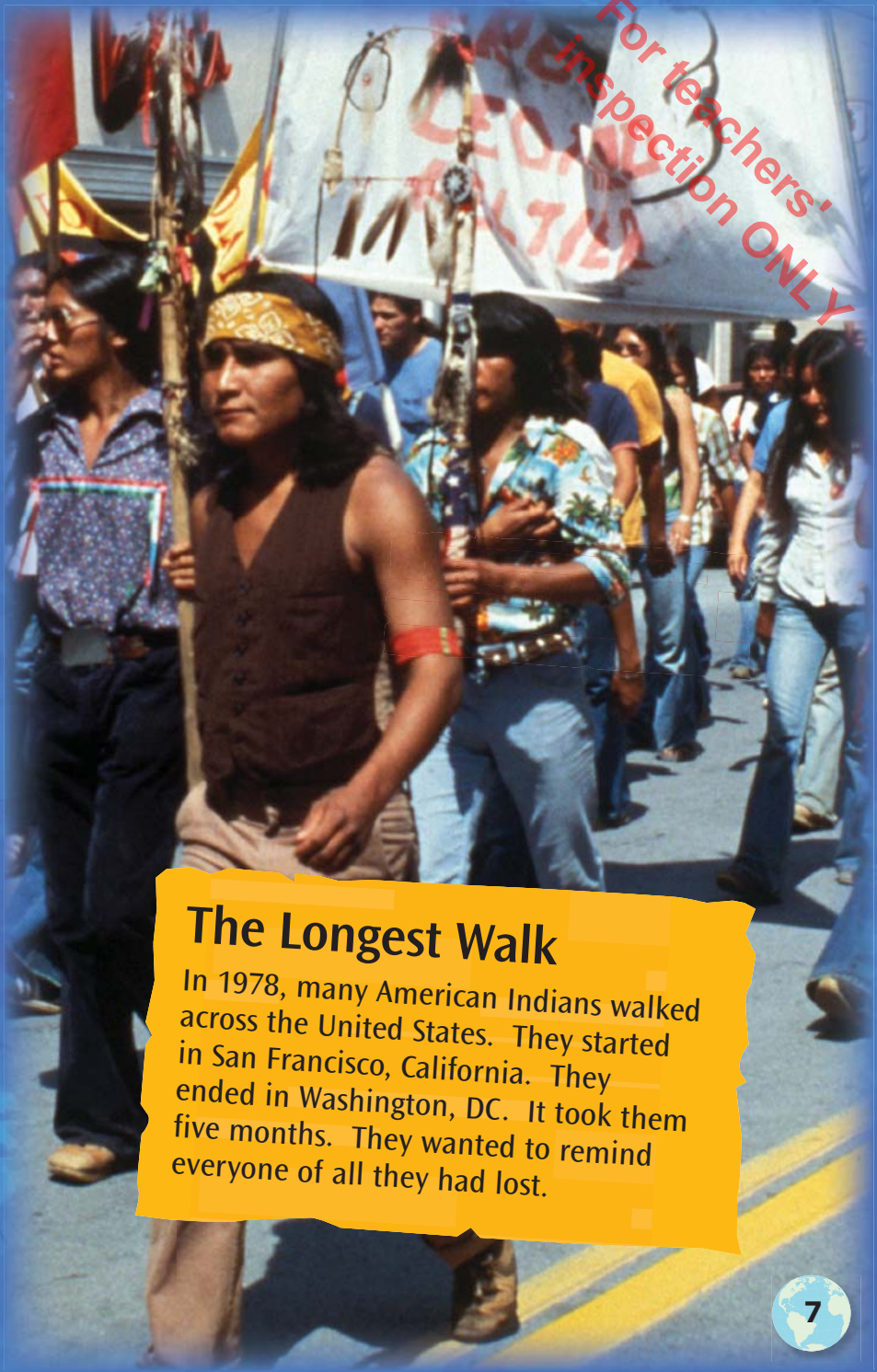
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The First Americans

American Indians were the first to live in what we now call America. Then, new settlers came to North America. They wanted land and made their own laws. They were not fair to the native people.

The lives of American Indians changed forever. The government did not respect their rights. They had to leave their homes. Their land no longer belonged to them. Then, they lost their right to make important choices about their lives. They were not able to decide where they would live. But they stood up for themselves. They spoke out about their problems.

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The Longest Walk

In 1978, many American Indians walked across the United States. They started in San Francisco, California. They ended in Washington, DC. It took them five months. They wanted to remind everyone of all they had lost.

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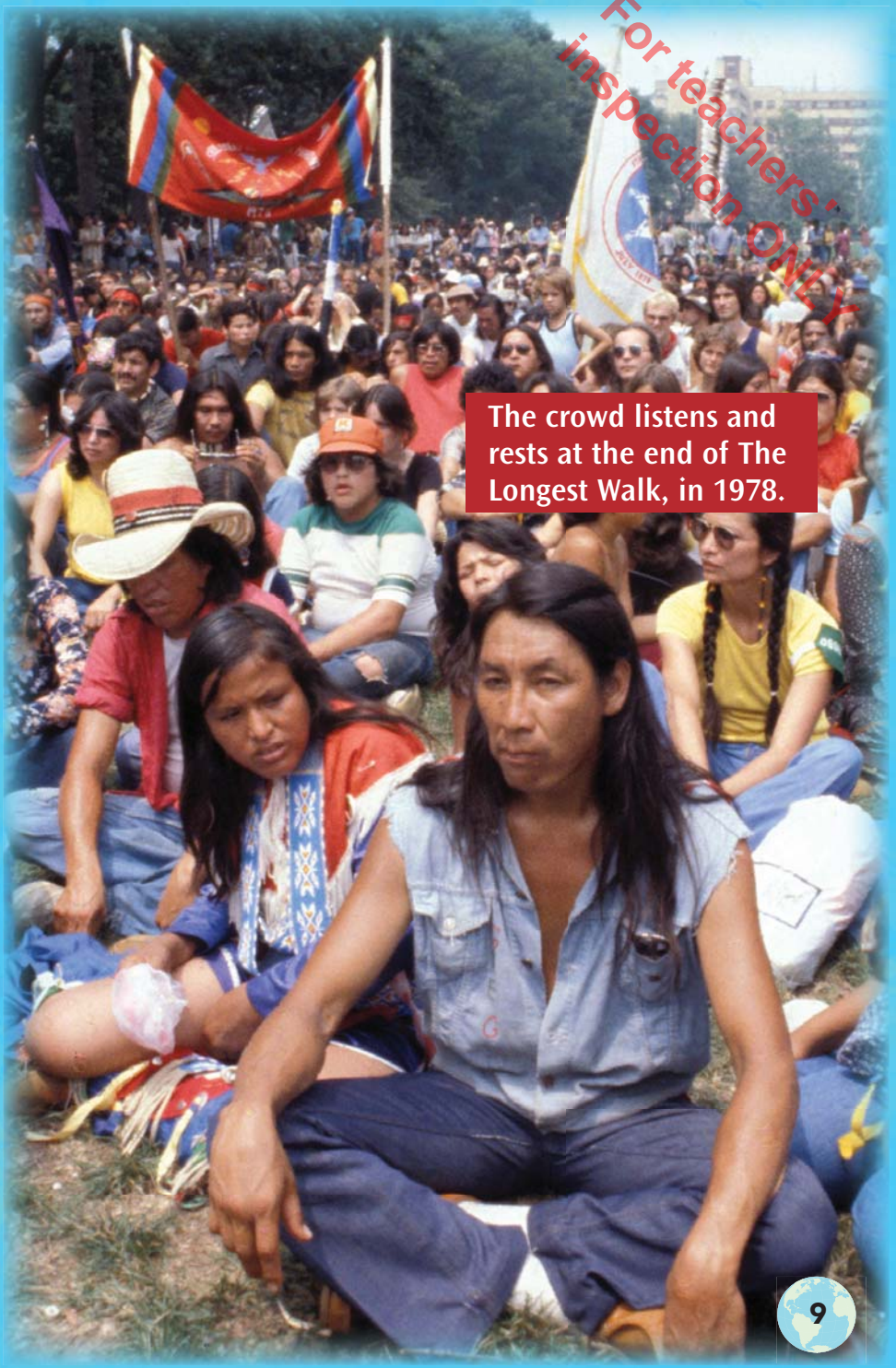
They did not back down. They marched and **protested**. Finally, in 1968, a new law was passed. It was the Indian Civil Rights Act.

It promised American Indians rights. The new law gave them freedom of speech. It gave them freedom to worship. It gave them protection. The law was a beginning, but it was not enough.

American Indians still fight for the right to make their own choices. Their voices deserve to be heard.

A True Warrior

Clyde Warrior was an Oklahoma Ponca Indian. He founded the National Indian Youth Council. He fought for American Indian **traditions**. In 1968, he gave an important speech. It was called "We Are Not Free."



The crowd listens and rests at the end of The Longest Walk, in 1978.

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Reader's Guide

1. What are civil rights?
2. Who are some of the people who have fought for civil rights in America?
3. How did they fight? What "weapons" did they use?
4. How can you help in the fight for civil rights?

