

MEALS AROUND THE WORLD

MEALS IN RUSSIA

Bullfrog Books

Table of Contents

Pancake Week 4
Make Blini! 22
Picture Glossary 23
Index 24
To Learn More 24

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Pancake Week

Wake up! It is pancake week.



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Boris likes warm kasha.

He eats it every morning.



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We dress up.

We go to the festival.

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What does Olga buy?

A stack of blini. Yum!

Make Blini!

Make Russian pancakes! Be sure to get an adult to help.

Ingredients:



- 2 eggs
- 1 tablespoon white sugar
- ½ teaspoon salt
- ½ cup all-purpose flour
- 2½ cups milk
- 1 tablespoon vegetable oil
- 1 tablespoon butter

Directions:

1. In a medium bowl, whisk the eggs, sugar, and salt.
2. Sift the flour into the bowl. Stir in the milk. Mix until the batter is thin.
3. Heat a griddle over medium heat. Lightly oil the griddle.
4. Pour 2 tablespoons of batter into the pan. Tilt the pan to spread the batter.
5. When the edges look crisp and the center looks dry, slide a spatula under the blini.
6. Flip and cook on the other side until lightly browned.
7. Put blini on a plate. Stack the blini on top of each other. Put the butter on top.
8. Take a blini. Spread with jam and fold in half two times to make a triangle. Enjoy!

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Picture Glossary



blini
A thin pancake.



pancake week
A Russian festival that celebrates the transition of winter into spring.



borscht
A hot or cold soup made with red beets, which are a root vegetable.



pelmeni
Small dumplings filled with chopped meat.



kasha
A grain cereal usually made from buckwheat.



shashlik
Grilled or cooked meat on a stick.

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