

LIFE WORKS!



COUNT ON ME



**HOW
TO BUILD
TRUST**

by Sloane Hughes

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HELPING OUT!

Being a good friend means being there for others. We help others with what they need.

I need
three eggs.

1, 2, 3!
You can count
on me!



We say "You can count on me to be a friend!" with our words and actions.



TRUST IN ME

When we help others, they can start to **trust** us. This means our friends and family know we will be there for them. They learn they can trust us when we . . .





**Do what we
say we will do**

Think of someone
you trust. How do you
know you can trust
them?



**Keep secrets
for our friends**



I HEAR YOU

Others also know they can count on us when we are good listeners. This makes them know we care.



Good listeners hear what friends say. They listen closely to make sure they understand.



Did we really understand
someone? Check by **repeating**
what they've said!



My favorite
is the earwax
flavor.



You like earwax.
Here you go!

