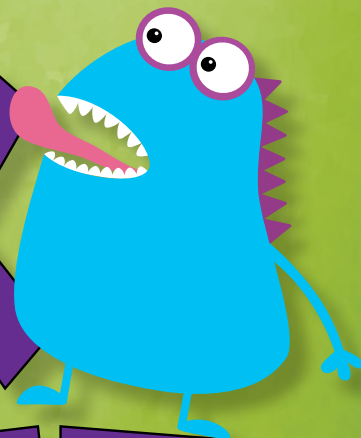


LIFE WORKS!



THINK IT OUT



**HOW TO
PLAN AHEAD**

by Sloane Hughes



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PLAN FOR IT!

There is so much to do every day. Sometimes, it can be hard to know how to get it all done. That's when we need to take a little time to think.

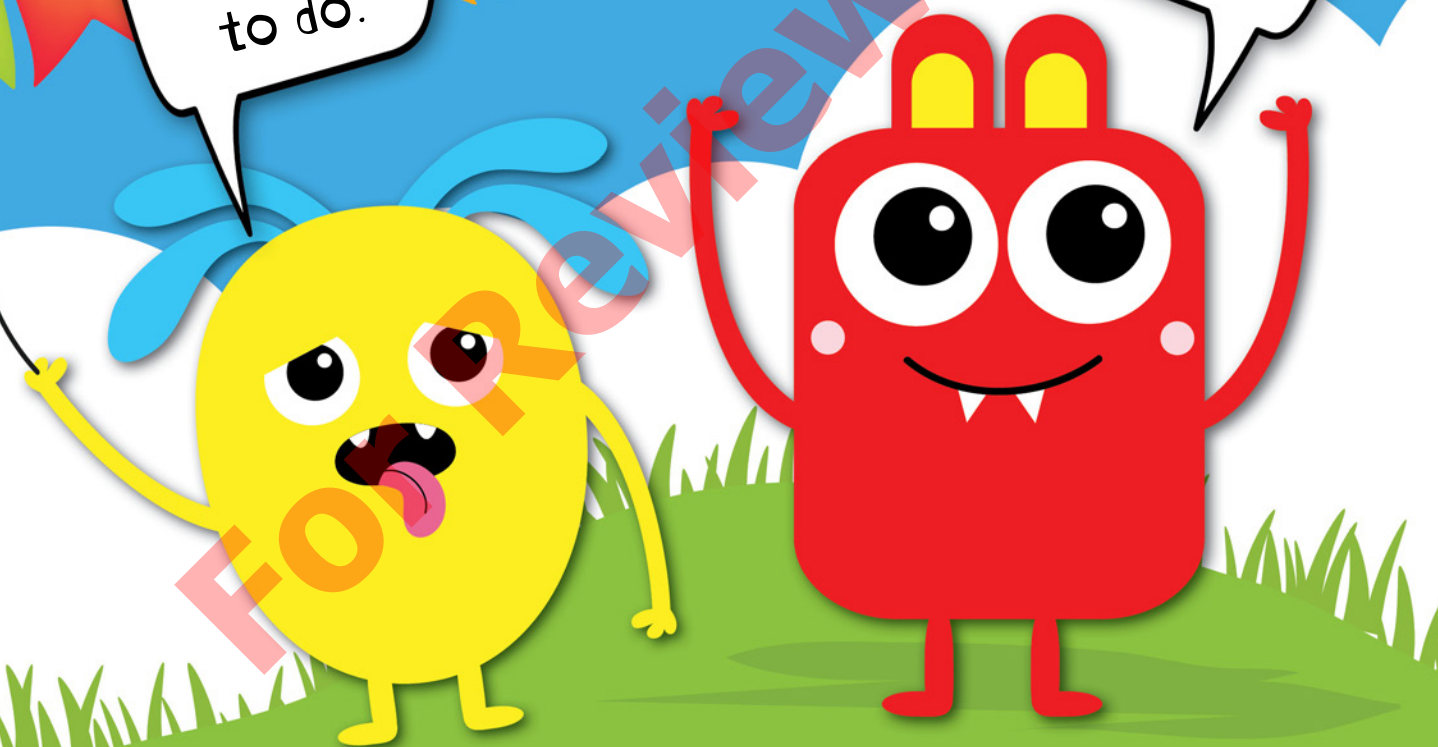
We need
to get
ready for
the party.



Planning ahead means we can be ready for anything. Think it out!

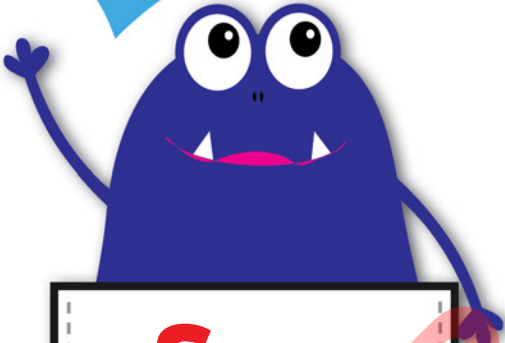
There's a lot to do.

Let's make a plan.



A SMART START

A plan helps us work toward a **goal**.
How can we be SMART with our
goals? Try to be . . .



S is for
specific

What *exactly*
will you do?



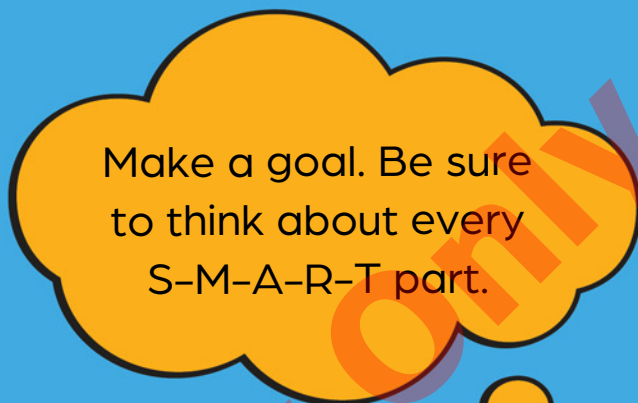
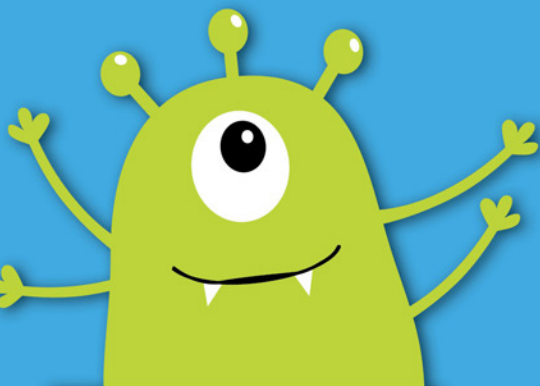
M is for
measurable

How will
you know it's
done?



A is for
achievable

Is it
something
you can do?



Make a goal. Be sure
to think about every
S-M-A-R-T part.

R is for
realistic

Is it too
easy or too
hard?



T is for
timely
How long
will it take?

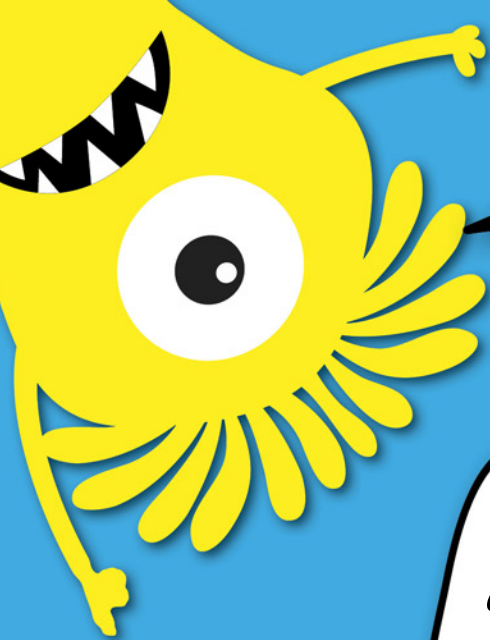


BREAK IT DOWN

Some goals are big. They can be a lot of work. But reaching goals gets easier when we break them into smaller steps.



Planning steps
helps us reach big goals.



That book looks really long. How will you finish it?

I plan to read a few pages every day.

You'll be done in no time!

