

A person with dark skin, wearing an orange polo shirt, is shown from the chest up. They are giving two thumbs up with both hands. The background is white, and the entire image is framed by a light blue border.

BUILDING CHARACTER

BEING OPTIMISTIC

Bullfrog
Books



Ideas for Parents and Teachers

Bullfrog Books let children practice reading informational text at the earliest reading levels. Repetition, familiar words, and photo labels support early readers.

Before Reading

- Discuss the cover photo. What does it tell them?
- Look at the picture glossary together. Read and discuss the words.

Read the Book

- “Walk” through the book and look at the photos. Let the child ask questions. Point out the photo labels.
- Read the book to the child, or have him or her read independently.

After Reading

- Prompt the child to think more. Ask: **Being optimistic can help us through difficult times. Can you think of a time when you stayed optimistic?**

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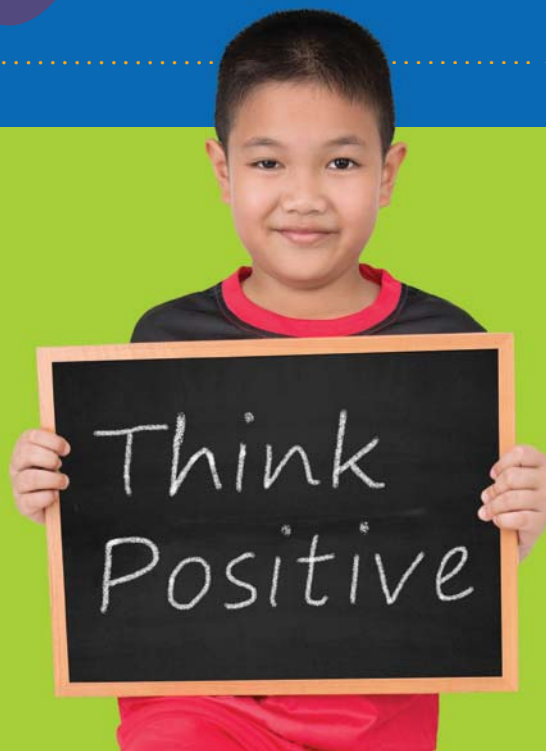
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Stay Positive



Let's be optimistic!
How?

We are positive.

We are hopeful!



Shae is new at school.
Will she make friends?
Yes!

For Review Only







Max sings.

Good self-esteem helps.

He does well.

Nice job, Max!

Picture Glossary



confident

Having a strong belief in your own abilities.



optimistic

Believing that things will turn out well.



positive

Confident and enthusiastic.



self-esteem

A feeling of personal pride and respect for yourself.