

FRIENDS LISTEN



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Words in **bold** are in the glossary.

Are You Listening?

You are at school. Your friend finds you. He starts talking about his weekend camping trip. But you are thinking about lunch.

You hear your friend talking. But you are not listening. Listening is paying **attention** to what someone says. It also means thinking about what you hear.



Listen with Your Body

Can you tell when your friend isn't listening? Maybe she is playing while you talk. You might feel like she doesn't care.

You can show a friend you are listening. Stop what you are doing. Turn to face your friend. Look her in the eyes.



Listen with Your Mind

You might look like you are listening.
But what if you are thinking about
something else? Then you are not
really listening.

To listen, you have to pay attention.
Think about what your friend says. Try
to understand how he feels. Ask him
questions about his story.

